

Counseling for First Responders Dealing with Anxiety, Stress, PTSD & Trauma

At Konick and Associates, we are here to help with the challenges you may face when work-related stress causes disruptions in your daily functioning, home life, or interpersonal relationships. Our experienced trauma-informed clinical associates will assist you with the development of a skill set aimed at providing you with an understanding of “vicarious” trauma and post-traumatic stress, while normalizing treatment and the trauma response you may be experiencing.

WE SERVE THE NEEDS OF:

- 911 Dispatchers
- Active Military & Veterans
- Behavioral Health Professionals
- Crisis Response Team Members
- EMTs & Paramedics
- Families of first responders
- Federal Agents
- Firefighters
- Health Care Personnel
- Law Enforcement Officers
- Security Personnel

Whether you are new to the First Responder community, a veteran, or a family member, we are here to help. Contact us for an initial appointment to start on the path of healing.

HELP FOR FIRST RESPONDERS (AND THEIR FAMILIES) INCLUDES:

- Anger management
- Depression and mood issues
- Grief and Loss
- Identity
- Intrusive thoughts
- Post retirement or discharge
- Post traumatic stress
- Relationship problems
- Sleep problems
- Stress and Anxiety management
- Substance use
- Suicidal thoughts or behaviors
- Transformative events



Konick & Associates

OUR TEAM OF DEDICATED CLINICIANS IS HERE FOR YOU. HOW CAN WE HELP?

If you would like to speak about dealing with anxiety or stress for yourself or a loved one, please contact us today.

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