

Assessments

If someone has physical symptoms of an ailment, they might go to a doctor to be assessed. This might include a series of tests to determine what the issue is and even start to define a cause.

A psychological assessment is the same. It's a test or series of tests that can help diagnose the underlining issues for a client. The outcome of an assessment can help to understand an individuals unique strengths and weaknesses in a number of areas. This, in turn, can help determine possible accommodations at home, at school, or in the workplace.

Beyond best-practice testing methods.

Dr. Lisa Konick of Konick & Associates is known for her comprehensive psychological assessments that go beyond best-practice testing methods. An evaluation provides valuable insight into your child or adolescent's emotional, behavioral, functional, and/or educational needs. Information is integrated from parents, educational staff, and other treatment providers to formulate a complete picture of our client. After an evaluation, a comprehensive report is provided to you with recommendations for home and school.

Most importantly, an assessment is nothing to fear nor is it something to "study" for. It's simply a tool psychologists use to find the best way to help you.

Assessments Available:

- Psychoeducational - Identification of giftedness or specific learning problems
- Neurocognitive - Cognitive, memory, attention, language, & social information processing
- Diagnostic assessments for autism, depression, anxiety, & ADHD
- Behavior assessments
- Executive functioning
- Adaptive functioning and life skills

About Us



Dr. Lisa Konick is a licensed clinical psychologist with expertise in the evaluation and treatment of a range of psychological and behavioral problems, including depression and mood disorders, anxiety, attention and hyperactivity (ADHD), and autistic spectrum disorders. Dr. Konick earned her doctoral degree from Northern Illinois University and completed her psychology internship at Alexian Brothers Behavioral Health Hospital. She is also a Cognitive Behavior Therapist so she will help you change patterns of thinking or behavior that are behind your difficulties.

Since 2008, Konick & Associates has helped people just like you or your loved one live a fuller, richer life. With that much experience, you can be sure we have seen a situation like yours and helped to resolve it. As hopeless as it can seem sometimes, there is a solution and we can help you find it.

We are a trusted resource for area schools, hospitals and other psychology practices. If you or a loved one are in need of services from therapist, please contact us today.

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Family Behavioral Health, Counseling and Psychological Assessment



Konick & Associates



Child, Adolescent, Adult and Family Counseling & Assessments

Konick & Associates provides compassionate child, adolescent, adult, and family counseling. Looking at “the whole picture” of our clients allows us to find the core issues, and then focus on practical solutions that fit your individual needs. The process includes steps to keep you accountable to reaching your goals. We apply validated research-based approaches to help clients transform problematic patterns of thinking and behavior. When working with children, parents are included jointly in the plan to transfer in-session work to the home and school settings.

Solution focused treatment.

We diagnose and treat a variety of social, emotional and behavioral challenges in children and teens, with an emphasis on:

- Worry and Stress
- Depressed Mood
- Autism
- Attention Difficulties
- Disruptive Behaviors and Noncompliance
- Family Conflict
- Obsessive Compulsive Behaviors
- Social Skills and Friendship Difficulties
- Divorce and Changes in Family
- Self-Injury
- Suicidal Thoughts
- Executive Function Deficits
- Learning and School Problems

Therapy Services for Adults include:

- Anxiety and Stress
- Depression
- Autism
- Obsessive Compulsive Behaviors
- Family Conflict
- Social Challenges
- Transition to College
- Failure to Launch
- Job Stress
- Divorce and Loss
- Parent Coaching
- Behavior Management Training
- Anger/Stress Management

Additional Services:

- Psychological Assessments
- In-Service Trainings
- Continuing Education Seminars
- On-Site Behavior Observations
- Executive Functions and Social Skills Tutoring
- IEP Review and Assistance